



Centennial OB/GYN, P.A.

Name _____ DOB _____ Marital Status _____ Date _____

Reason for Visit

Allergies to Medications

If yes, please name medicine and describe type of reaction

Medications and Supplements

Please give name and dosage

Pregnancy History

Total Pregnancies ___ Full Term ___ Pre-term ___ Miscarriage ___ Abortion ___ Ectopic ___

Date Length of Pregnancy Type of Delivery Sex Weight Living Complications

Date	Length of Pregnancy	Type of Delivery	Sex	Weight	Living	Complications
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Menstrual History

At what age did you start having menstrual periods? _____

Number of days between first day of one and first day of next period? _____

Length of period? _____ Regular or Irregular _____

Would you call your periods () light () medium () heavy () clots

When was the first day of your last menstrual period? _____ Do you have cramps? _____

Was it a normal period? _____ If not, when was the last normal one? _____

Would you like information on a simple, safe procedure performed in our office that can significantly reduce or eliminate your monthly periods/cramps? ___ Y ___ N

Contraception

What is your current form of birth control?

- Abstinence
- Birth Control pill
- Hysterectomy
- IUD
- Menopause
- Tubal ligation
- Vasectomy
- Nuvaring
- Patch
- Depoprovera
- Rhythm
- Condoms
- Nexplanon
- Nothing

How long have you been using your current form of birth control? (please check one)

___ 2 yrs or less ___ 3-5 yrs ___ 6-10 yrs ___ over 10 yrs



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When are you planning to have another child? (please check one)

___ within 1-2 yrs ___ within 5-10 yrs ___ my family is complete

If menopausal, at what age did your periods stop? _____

Date of last pap smear? _____ Normal/Abnormal? Have you had an abnormal pap smear? _____

If yes, please give dates, type (ASCUS, HPV, CIN I, etc.) and treatments (Colposcopy, Cryo, Cone Biopsy, LEEP)

Date of last mammogram? _____ Normal/Abnormal? Have you had an abnormal mammogram? _____

If yes, please give dates and explain: _____

Date of last Bone densitometry? _____ Normal / Osteopenia / Osteoporosis

Past Medical History

Please check if you currently have or have had a history of any of the following:

- | <u>YES</u> | <u>NO</u> | | <u>YES</u> | <u>NO</u> | |
|--------------------------|--------------------------|--|--------------------------|--------------------------|-----------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Reflux/Heartburn | <input type="checkbox"/> | <input type="checkbox"/> | Fibromyalgia |
| <input type="checkbox"/> | <input type="checkbox"/> | Spastic Colon/Irritable Bowel | <input type="checkbox"/> | <input type="checkbox"/> | Arthritis-Rheumatoid/Osteo |
| <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis | <input type="checkbox"/> | <input type="checkbox"/> | Diabetes |
| <input type="checkbox"/> | <input type="checkbox"/> | Ulcers | <input type="checkbox"/> | <input type="checkbox"/> | Thyroid Problems |
| <input type="checkbox"/> | <input type="checkbox"/> | Hypertension | <input type="checkbox"/> | <input type="checkbox"/> | Osteoporosis |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Disease | <input type="checkbox"/> | <input type="checkbox"/> | Nervous Disorder/Depression |
| <input type="checkbox"/> | <input type="checkbox"/> | Angina | <input type="checkbox"/> | <input type="checkbox"/> | Rheumatic Fever |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Murmur | <input type="checkbox"/> | <input type="checkbox"/> | Migraines |
| <input type="checkbox"/> | <input type="checkbox"/> | Hypercholesterolemia | <input type="checkbox"/> | <input type="checkbox"/> | Dementia |
| <input type="checkbox"/> | <input type="checkbox"/> | Blood Clotting Problems/DVT | <input type="checkbox"/> | <input type="checkbox"/> | Stroke/TIA |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma | <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy |
| <input type="checkbox"/> | <input type="checkbox"/> | Sleep apnea | <input type="checkbox"/> | <input type="checkbox"/> | Anemia |
| <input type="checkbox"/> | <input type="checkbox"/> | Tuberculosis | <input type="checkbox"/> | <input type="checkbox"/> | Sickle Cell Disease/Trait |
| <input type="checkbox"/> | <input type="checkbox"/> | Pneumonia | <input type="checkbox"/> | <input type="checkbox"/> | Allergies |
| <input type="checkbox"/> | <input type="checkbox"/> | Emphysema | <input type="checkbox"/> | <input type="checkbox"/> | Eczema |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney/Bladder Infections | <input type="checkbox"/> | <input type="checkbox"/> | Psoriasis |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Stones | <input type="checkbox"/> | <input type="checkbox"/> | Cancer |
| <input type="checkbox"/> | <input type="checkbox"/> | Hospitalizations - If yes, please explain: | | | |

Is blood transfusion acceptable in an emergency? _____

Do you have an Advance Directive? _____

Past Surgical History

Dates: _____ Procedure: _____

Immunizations (please list dates)

Tetanus: _____ HPV: _____ Flu: _____



Who is your Primary Care Physician?

Family History

<u>YES</u>	<u>NO</u>		<u>YES</u>	<u>NO</u>	
()	()	Breast Cancer	()	()	Diabetes
()	()	Ovarian Cancer	()	()	Thyroid Disorder
()	()	Uterine Cancer	()	()	Osteoporosis
()	()	Colon Cancer	()	()	Epilepsy/Seizures
()	()	Heart Disease	()	()	Stroke
()	()	Hypercholesterolemia	()	()	Depression/Bipolar/Schizophrenia
()	()	Hypertension	()	()	Birth Defects
()	()	DVT/Pulmonary Embolus	()	()	Other

If yes, please explain

Social History

Employer/Occupation _____ Marital Status _____
 Exercise Type/Frequency _____ Education Level _____
 Smoking ___cigs/day Vaping___ Alcohol ___drinks/wk Caffeine ___servings/day Illicit Drugs _____
 Have you ever had a sexually transmitted disease? _____
 Type/dates _____
 Do you feel safe in your current relationship? _____

Review of Symptoms: (Circle current symptoms)

- GENERAL - Fatigue Fever Weight gain Weight loss
 - CARDIOVASCULAR - Palpitations Chest pain
 - PULMONARY - Cough Shortness of breath
 - GASTROINTESTINAL - Bloating Constipation Diarrhea Hemorrhoids Bloody stools Nausea
 - URINARY - Pain with urination Blood in urine Frequency UTI's Incontinence
 - GENITAL - Irregular periods Painful intercourse History of sexual abuse Vaginal discharge Vaginal itching
 - MUSCULOSKELETAL - Back pain Joint pain
 - BREAST - Perform self breast exams-Regularly/Irregularly/Never Masses Tenderness Nipple discharge
 - SKIN - Rash Warts
 - NEUROLOGIC - Dizziness Headaches
 - BLOOD/LYMPHATIC - Easy bruising Bleeding easily History of blood transfusion Enlarged lymph nodes
 - ENDOCRINE - Hair loss Temperature intolerance Excessive hair growth
 - ALLERGIES - Seasonal allergies
 - PSYCHIATRIC - Anxiety Depression PMS Insomnia
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